

Rosenberg Self-Esteem Scale (Rosenberg, 1965)

Instructions: Below is a list of statements dealing with your general feelings about yourself. Please check the box next to the statement which most closely represents your feelings	Strongly Agree	Agree	Disagree	Strongly Disagree
1. On the whole, I am satisfied with myself.				
2.* At times, I think I am no good at all				
3. I feel that I have a number of good qualities.				
4. I am able to do things as well as most other people.				
5.* I feel I do not have much to be proud of				
6.* I certainly feel useless at times.				
7. I feel that I'm a person of worth, at least on an equal plane with others.				
8.* I wish I could have more respect for myself.				
9.* All in all, I am inclined to feel that I am a failure				
10. I take a positive attitude toward myself.				