

TSC-40

How often have you experienced each of the following in the last two months?

**0 = Never 3 = Often**

- |  |         |
|--|---------|
| 1. Headaches   | 0 1 2 3 |
| 2. Insomnia (trouble getting to sleep)                         | 0 1 2 3 |
| 3. Weight loss (without dieting)                               | 0 1 2 3 |
| 4. Stomach problems  | 0 1 2 3 |
| 5. Sexual problems   | 0 1 2 3 |
| 6. Feeling isolated from others                                | 0 1 2 3 |
| 7. "Flashbacks" (sudden, vivid, distracting memories)          | 0 1 2 3 |
| 8. Restless sleep  | 0 1 2 3 |
| 9. Low sex drive   | 0 1 2 3 |
| 10. Anxiety attacks  | 0 1 2 3 |
| 11. Sexual overactivity  | 0 1 2 3 |
| 12. Loneliness   | 0 1 2 3 |
| 13. Nightmares   | 0 1 2 3 |
| 14. "Spacing out" (going away in your mind)                    | 0 1 2 3 |
| 15. Sadness  | 0 1 2 3 |
| 16. Dizziness  | 0 1 2 3 |
| 17. Not feeling satisfied with your sex life                   | 0 1 2 3 |
| 18. Trouble controlling your temper                            | 0 1 2 3 |
| 19. Waking up early in the morning and can't get back to sleep | 0 1 2 3 |
| 20. Uncontrollable crying                                      | 0 1 2 3 |
| 21. Fear of men  | 0 1 2 3 |
| 22. Not feeling rested in the morning                          | 0 1 2 3 |
| 23. Having sex that you didn't enjoy                           | 0 1 2 3 |
| 24. Trouble getting along with others                          | 0 1 2 3 |
| 25. Memory problems  | 0 1 2 3 |
| 26. Desire to physically hurt yourself                         | 0 1 2 3 |
| 27. Fear of women  | 0 1 2 3 |
| 28. Waking up in the middle of the night                       | 0 1 2 3 |
| 29. Bad thoughts or feelings during sex                        | 0 1 2 3 |
| 30. Passing out  | 0 1 2 3 |

31. Feeling that things are "unreal"	0 1 2 3
32. Unnecessary or over-frequent washing	0 1 2 3
33. Feelings of inferiority	0 1 2 3
34. Feeling tense all the time	0 1 2 3
35. Being confused about your sexual feelings	0 1 2 3
36. Desire to physically hurt others	0 1 2 3
37. Feelings of guilt	0 1 2 3
38. Feelings that you are not always in your body	0 1 2 3
39. Having trouble breathing	0 1 2 3
40. Sexual feelings when you shouldn't have them	0 1 2 3